

FEUILLE DE CHOU

70 RUE DES ROSIERS ST.O

**ORGANIC BRASSERIE,
CERTIFIED MENU
75-95%**

For "Feuille de Chou", the French organic brasserie of the MOB HOUSE, as in all MOBs, the cooking is organic. The restaurant is certified organic.

The menu is obviously seasonal with two seasons, now in the majority due to climate change, which are spring/summer and autumn/winter.

Finally, the identity is treated under the prism of the French and Parisian tradition in order to guarantee a local supply.



Here, ecology goes through the plates, with a local supply from organic farmers.

LUNCH MENU

**FROM MONDAY TO FRIDAY,
STARTER + MAIN OU MAIN + DESSERT. 24
STARTER + MAIN + DESSERT. 29**

STARTERS

SOUP OF THE MOMENT

MIMOSA MAYONNAISE EGG

TARTUFATA" REMOULADE, VEAL PASTRAMI IN CHIFFONADE

HOMEMADE TERRINE

MAINS

SNACKED SALMON, SWEET POTATO MOUSSELINE, GREEN CURRY SAUCE

BEEF TARTARE, FRENCH FRIES

SMALL SPELT RISOTTO WITH PEAS AND MUSHROOMS

GRILLED CHICKEN, FRENCH FRIES

DESSERTS

VANILLA CRÈME BRULÉE

COCONUT SOUP, PINEAPPLE AND TAPIOCA, MANGO COULIS

CREAMY LEMON, BLACKCURRANT AND HAZELNUT CRUMBLE

TERRE ADELICE'S ICE CREAM 2 SCOOPS

Salted butter caramel – chocolate – vanilla – raspberry
Mango – coconut – pomelo – lemon – chestnut marron

À LA CARTE

STARTERS

- SOUP OF THE DAY. 9
- MIMOSA MAYONNAISE EGG. 8
- LEEK WITH TRUFFLE OIL VINAIGRETTE, PARMESAN SHAVINGS. 12
- LENTIL SALAD, BLUE MEAT RADISH, PERFECT EGG. 12
- ENDIVE SALAD, MUSTARD VINAIGRETTE, WALNUTS & “BLEU” CHEESE. 10
- ARTICHOKE VINAIGRETTE, SPRING MACÉDOINE. 14
- SPICY SEA BREAM CEVICHE, GINGER, LEMONGRASS. 14
- PLATE OF SMOKED SALMON, SOUR CREAM. 15
- VEAL PASTRAMI, VITELLO TONNATO STYLE. 15
- SALMON TARTAR, ORGANIC AND CORSICAN AVOCADO CREAM. 15

MAIN COURSES

- MACARONI & EMMENTAL CHEESE, WHITE HAM, POACHED EGG. 20
- ½ GRILLED CHICKEN, “DIABLE” SAUCE, FRENCH FRIES & SALAD. 30
- BEEF TARTARE, FRENCH FRIES. 23
- SNACKED SALMON, SPINACH AND MUSHROOMS, HOMEMADE PUREE. 28
- LIGHTLY SPICED LAMB FONDANT, FRAGRANT RICE. 28
- RUMP STEAK, PEPPER SAUCE, FRENCH FRIES. 27
- PORK BELLY, CREAMY POLENTA. 26
- BURGER VEGIE : CEREALS & MUSHROOMS. 19
- BURGER STEAK, BACON & COMTÉ. 24

DESSERTS

- APPLE TATIN SHORTBREAD, RAW CREAM. 12
- COCONUT SOUP, PINEAPPLE AND TAPIOCA, MANGO COULIS. 10
- VANILLA CRÈME BRULÉE. 10
- CHOCOLATE CAKE, VANILLA ICE CREAM. 12
- BABA « MOJITO » STYLE, MINT & LEMON. 12
- FRENCH TOAST WITH CARAMEL AND SALTED BUTTER. 12
- STRAWBERRY & LYCHEE PAVLOVA, WHITE CHOCOLATE CREAM. 12
- TERRE ADELICE'S ICE CREAM 3 SCOOPS. 8
- Salted butter caramel – chocolate – vanilla – raspberry
Mango – coconut – pomelo – lemon – chestnut marron

COCKTAILS & MOCKTAILS

TONKA SOUR . . . 13 12CL
Tonka Bean-infused Whisky, Spice Syrup,
Egg White

CASSE NOISETTE . . . 12 10CL
Homemade White Chocolate Liqueur,
Hazelnut Syrup, Amber Rum, Egg

CHOU CHOU . . . 12 12CL
Vodka, Red Cabbage Syrup, Ginger Syrup,
Lime Juice, Sparkling Water

KYOTO MARGARITA . . . 15 10CL
Grapefruit Infused Tequila, Agave Syrup,
Lime Juice, Wasabi Flavoured Salt

K-RHUM-BLE . . . 13 12CL
Amber Rum, Lime Juice, Homemade Vanilla
Apple Purée, Amaretto

POIRIER . . . 12 12CL
Gin, Homemade Pear Purée, Lemon Juice,
Lychee Flower Mead

WINTER NEGRONI . . . 15 9CL
Gin, Campari, Italian Vermouth,
Christmas Spices, Clementine

APPLE PAILLE . . . 8 12CL
Homemade Vanilla Apple Purée, Lemon Juice,
Orgeat Syrup, Mint Syrup, Sparkling Water

VIRGIN CHOU CHOU . . . 8 10CL
Apple Juice, Red Cabbage Syrup,
Ginger Syrup, Lime Juice, Sparkling Water

SPICELIXIR . . . 8 12CL
Chamomile infusion, lemon juice,
spice syrup, egg white

THE CAVE

OUR FRIEND MICHEL'S CAVE

CHAMPAGNE

ROSÉ AOP CÔTE DE PROVENCE
MASCARONNE 2021 13.5%
... 12 12CL ... 59 75CL ... 117 1.5L

WHITE AOP CÔTE DE PROVENCE
MASCARONNE 2020 13.5%
... 12 12CL ... 66 75CL

RED AOP CÔTE DE PROVENCE
MASCARONNE 2018 14.5%
... 12 12CL ... 68 75CL

CHAMPAGNE ERIK SCHREIBER 12%
... 15 12CL ... 80 75CL

ROSÉ WINE

ROYAL JARRAS 2021,
AOC SABLE DE CAMARGE 13%
... 6 12CL ... 34 75CL

WHITE WINES

J'AI RENDEZ-VOUS 2021, RIÈRE CADÈNE,
IGP CÔTES CATALANES 13.5%
... 31 75CL

LIBERTY'NAGES, CHÂTEAU DE NAGES,
VIN DE FRANCE, RHÔNE 12%
... 6 12CL ... 32 75CL

DOMAINE DE LA PIFFAUDIERE, 2022
AOC TOURAINE, SAUVIGNON, LOIRE 12.5%
... 6 12CL ... 36 75CL

LES QUATRE, 2017, AOC CÔTES DU RHÔNE
VILLAGE, RHÔNE 13%
... 41 75CL

RIESLING 2021, AOP ALSACE
JOSEPH CATTIN 13%
... 41 75CL

DOMAINE FL LES BERGÈRES 2020
AOC ANJOU, CHENIN, LOIRE 13.5%
... 7 12CL ... 44 75CL

LA REDONNE 2020, AOC CÔTES-DU-RHÔNE
COLOMBO, RHÔNE 14%
... 40 75CL

CHINON 2020, MARCHESSEAU,
AOC CHINON, LOIRE 13.5%
... 41 75CL

VOUVRAY LE SEC, 2022, AOC VOUVRAY,
FLORIAN LE CAPITAINE, LOIRE 13%
... 8 12CL ... 48 75CL

RED WINES

LIBERTY'NAGES, VIN DE FRANCE
CHÂTEAU DE NAGES, RHÔNE 12.5%
... 32 75CL

FREESIA 2022, IGP CÉVENNES,
MAS D'ESPANET 12%
... 32 75CL

CHÂTEAU DE LASCOURS 2021
AOP PIC SAINT LOUP, LANGUEDOC 13.5%
... 6 12CL ... 35 75CL

AOP ST NICOLAS DE BOURGUEUIL 2020
VIEILLES VIGNES, S. BRUNEAU, LOIRE 13%
... 6 12CL ... 36 75CL

DOMAINE DE LA PIFFAUDIERE 2022
AOC TOURAINE, GAMAY, LOIRE 11%
... 7 12CL ... 37 75CL

BEAUJOLAIS VILLAGES LA SAMBINERIE 2022,
AOC BEAUJOLAIS VILLAGE, DOMAINE
ROTTIERS 12%
... 40 75CL

L'OURS NOIR 2022, PINOT NOIR, AOP ALSACE,
FAMILLE HAULLER 12.5%
... 7 12CL ... 41 75CL

LES FOROTS 2020, AOC CÔTES-DU-RHÔNE
COLOMBO, RHÔNE 13.5%
... 7 12CL ... 43 75CL

CHINON LES PERRUCHES 2022, AOC CHINON,
DOMAINE LAMBERT, LOIRE 12%
... 46 75CL

CHÂTEAU DES ANNÉREAUX 2019,
AOC LALANDE DE POMEROL, BORDEAUX 14.5%
... 10 12cl ... 56 75CL

UNE LUBIE 2019, AOP MAURY SEC
CLOS DES VINS D'AMOUR, ROUSSILLON 14%
... 50 75CL

CAFETERIA

EXPRESSO, DÉCA... 3

NOISETTE, DÉCA... 3

ALLONGÉ, DÉCA... 4

CRÈME, DÉCA... 6

CAPUCCINO, DÉCA... 6

LATTE, DÉCA... 6

GREEN TEA MARDI MÉLANCOLIE... 6

BLACK & GREEN TEA COUP DE FOUET... 6

ROOIBOS COUP DE Foudre... 6

INFUSION HIBISCUS SUR-BONNE... 6

INFUSION ORTIE GUEULE DE BOIS... 6

HOT CHOCOLATE... 7

DRAFT BEERS

D. PILSNER... 5 25CL... 9 50CL

MISSION PALE ALE... 6 25CL... 10 50CL

L'AUBE BLANCHE... 6 25CL... 11 50CL

INDIGO IPA... 7 25CL... 11 50CL

BOTTLED BEERS

BLONDE DECK & DENOUE... 7 33CL

IPA DECK & DENOUE... 8 33CL

CIDRE FILS DE POMME BRUT... 7 33CL

CIDRE FILS DE POMME BRUT... 16 75CL

SPIRITS

TRIPLE SEC... 9 4CL

GIN JUNIPER... 9 4CL

GIN FAIR... 10 4CL

GIN ATTRIBUT N°1... 12 4CL

GIN GENEROUS... 12 4CL

GIN DECROIX... 12 4CL

GIN OLD TOM... 12 4CL

GIN KREATOR MACKMYRA... 14 4CL

VODKA NINKASI... 10 4CL

VODKA FAIR QUINOA... 10 4CL

VODKA DOMAINE

DES HAUTES GLACES... 12 4CL

WATERS

SPARKLING WATER FEUILLE DE CHOU... 3 1L

ABATILLES SPARKLING... 4 33CL... 7 75CL

ABATILLES STILL... 4 33CL... 7 75CL

SOFTS

SYRUPS BIGALLET... 5 25CL

DIABOLO... 5 25CL

COCA COLA... 6 33CL

COCA COLA ZÉRO... 6 33CL

LEMONADE

LIMONADERIE DE PARIS... 6 33CL

GINGER BEER

LIMONADERIE DE PARIS... 6 25CL

LEAMO COLA... 6 33CL

FRUITS JUICES

APPLE, ORANGE, TOMATO, APRICOT... 6 25CL

APÉRITIFS ET DIGESTIFS

PASTIS DE MARSEILLE... 4 2CL

VERMOUTH BLANC... 6 6CL

VERMOUTH ROUGE... 6 6CL

GENTIANE LE GRAND RUBREN... 5 4CL

KIR... 9 12CL

KIR ROYAL... 15 12CL

LIMONCELLO... 6 4CL

AMARETTO DI MATTIA WALCHER... 7 4CL

GÉNÉPI... 8 4CL

ABSINTHE... 13 4CL

SUREAU CASSIS SO KOMBUCHA... 8 25CL

GINGEMBRE YUZU SO KOMBUCHA... 8 25CL

THE RANGE « LES FILLES DE L'OUEST »... 7 33CL

Le Schorle, Spicy Apple

Le Schorle, Smiling Orange

Le Schorle, Tonic Apple

Green Tea Idyllic, Mint Ginger

Chai Tea, Extravagant, Cinnamon Hibiscus

Rooibos Infusion The Bewitching One

MENTHE GLACIALE... 7 4CL

LIQUEUR DE VERVEINE « PADRÉ »... 9 4CL

PORTO ROMARIZ RESERVE... 10 10CL

CALVADOS VIEILLE RÉSERVE PÉPIN... 13 4CL

COGNAC VS B.DEBOISSAC... 11 4CL

COGNAC BRAASTAD... 11 4CL

COGNAC BACHE GABRIELSEN... 16 4CL

COGNAC PLANAT OSCAR... 17 4CL

COGNAC XO PASS'ANGE... 27 4CL

EAU DE VIE CHRISTIAN DROUIN

LA BLANCHE... 16 4CL

SHOT OF THE MONTH... 6 4CL

TEQUILA REPOSADO BUEN AMIGO... 12 4CL

CACHAÇA ABELHA SILVER... 10 4CL

RHUM BLANC PAPAGAYO... 10 4CL

RHUM AMBRÉ PAPAGAYO... 10 4CL

RHUM AMBRÉ GINO... 15 4CL

RHUM BOLOGNE GRANDE SAVANE... 17 4CL

RHUM AMBRÉ NEISSON 107... 18 4CL

RHUM BLANC NEISSON... 13 4CL

RHUM « ESPRIT » BLANC 70°... 15 4CL

WHISKY HIGHLAND

HARVEST BLENDED... 11 4CL

WHISKY SEQUOIA

SINGLE MALT TOURBÉ... 16 4CL

WHISKY SEQUOIA SINGLE MALT... 15 4CL

WHISKY SINGLE MALT ANGE... 12 4CL

WHISKY SINGLE MALT SILENE... 14 4CL

WHISKY ARMORIK SINGLE MALT... 13 4CL

WHISKY ARMORIK SHERRY CASK... 23 4CL

WHISKY SINGLE MALT ERGASTER... 24 4CL

WHISKY TOURBÉ ERGASTER... 24 4CL

WHISKY BRUICHLADDICH... 26 4CL
